

# Forest School Session Planning



Key Details			
Date:	11/05/2017	Leaders:	R.Nutbeam + 1
Location:	St. Barnabas School	Participants:	15 – Year 6
Key Objectives:		Theme Development:	
<ul style="list-style-type: none"> <li>• Develop Shelter Building Skills</li> <li>• Understanding of what all animals need.</li> </ul>		<ul style="list-style-type: none"> <li>• Respect for the Environment</li> <li>• Love for the Outdoors</li> <li>• Developing our Forest School Area</li> <li>• Forest School Basic Skills</li> </ul>	

The Flexible Plan	Energy Flow
<p><b>Experience 1: Sardines</b></p> <ul style="list-style-type: none"> <li>- Safety talk reminding children about boundaries – introduce whistle for bringing the group back together.</li> <li>- A child goes and hides in the woodland whilst rest of group sits in fire circle counting to 50.</li> <li>- Rest of children run out and try to find the hiding child. Hide with that child when they find them.</li> <li>- Repeat.</li> </ul>	High Energy
<p><b>Experience 2: Our Special Friends</b></p> <ul style="list-style-type: none"> <li>- In the centre of the circle place a number of animal soft toys, 1 for each child if possible.</li> <li>- Introduce animals as my friends, however they are new to the area and need looking after. They haven't even got a home.</li> <li>- Get children to go off and build a new home for the animals using woodland materials.</li> <li>- Don't discuss grouping allow children to decide if they wish to work together or as part of a group.</li> <li>- As people finish start to calmly gather them together to visit each others houses and give children an opportunity to discuss their creation.</li> <li>- Where possible pick up on good design features that could be used next week.</li> </ul>	<p>Low Energy calm</p> <p>High Energy During Building</p> <p>Low Energy During Evaluation</p>

**Experience 3(Reflection): What we all need**

- Discuss how brilliant children were at building their animals shelters and how they had really thought about what the animals needed.
- Now I'd like you to think about what you need as a human.
- Pupils will go off collecting items that represent what they need as a human.
- Bring children together around the fire circle and discuss what they have found.

Low Energy  
During discussions

High energy  
when finding their items.

**Learning Theories/ Strategies Employed**

- Learning styles – free choice on activities and how to represent their findings.
- Schemas – Looking at how the children are learning to inform next lesson plan.

**Health and Safety Considerations**

- Pupil have correct shoes and clothing
- Site Risk Assessment
- Risk of hiding game in woodland area.

**Kit List**

**For Leaders**

- A set of animal soft toys
- Whistle

**For participants**

- Wellington Boots
- Coats in case of rain