

Forest School Session Planning



| Key Details | | | |
|--|---------------------|---|---------------|
| Date: | 4/05/2017 | Leaders: | R.Nutbeam + 1 |
| Location: | St. Barnabas School | Participants: | 15 – Year 6 |
| Key Objectives: | | Theme Development: | |
| <ul style="list-style-type: none"> Develop an understanding of our developed Forest School Area. Understand what it means to be part of a Forest School. | | <ul style="list-style-type: none"> Respect for the Environment Love for the Outdoors Developing our Forest School Area Forest School Basic Skills | |

| The Flexible Plan | Energy Flow |
|--|--|
| <p>Experience 1: Tree Time</p> <ul style="list-style-type: none"> Get group to lie on the grass under one of the trees and stare into the sky, taking deep breaths. Get group to stay silent for a few minutes. Afterwards sit in a circle. Discuss how people feel? Why do they feel like that? What is special about the environment? | Low Energy and calm |
| <p>Experience 2: What's Special about our forest</p> <ul style="list-style-type: none"> Sit around in cleared Fire Circle. Introduce the new area and explain we are going to have some exploration time. Discuss and set ground rules for keeping themselves safe. Explain they have free choice to use the materials around to record what interesting things they find. Children will go off and investigate the area and try to find something interesting natural things they would like to share with the group. Discuss and share what people have found. Have access to plant + tree identification books so pupils can look up what each other has found. | <p>Low Energy calm</p> <p>High Energy During exploration</p> <p>Low Energy During Evaluation</p> |

Experience 3(Reflection): What we've found special

Give pupils time to go and select an item from the surrounding area that represents what they like about the new area and think about how they might go about protecting it.

Meet back at the fire circle and share ideas.

Get children to comment on what they have enjoyed and whether they are looking forward to their next session.

Low Energy
During discussions

High energy
when finding their item.

Learning Theories/ Strategies Employed

- Learning styles – free choice on activities and how to represent their findings.
- Schemas – Looking at how the children are learning to inform next lesson plan.

Health and Safety Considerations

- Pupil have correct shoes and clothing
- Site Risk Assessment

Kit List

For Leaders

- A selection of rocks with googly eyes.
- Pencils, paints, paper, pencil crayons and Clipboards.
- Identification Books.

For participants

- Wellington Boots
- Coats in case of rain