

Forest School Session Planning



Key Details			
Date:	25/05/2017	Leaders:	R.Nutbeam + 1
Location:	St. Barnabas School	Participants:	15 – Year 6
Key Objectives:		Theme Development:	
<ul style="list-style-type: none"> • Develop Shelter Building Skills • Develop Knot Building Skills • Respect Our Woodland 		<ul style="list-style-type: none"> • Respect for the Environment • Love for the Outdoors • Developing our Forest School Area • Forest School Basic Skills 	

The Flexible Plan	Energy Flow
<p>Experience 1: Simon Says</p> <ul style="list-style-type: none"> - Start in the Fire Circle - Group leader shouts Simon Says touch a e.g. horse chestnut tree. - Children run off and try to touch a horse chestnut tree. There maybe confusion to begin with as they don't know which tree is which. - Stop part way and discuss a number of different trees. - Continue to play. 	High Energy
<p>Experience 2: Ring That Bell</p> <ul style="list-style-type: none"> - After last weeks shelter I would like to drip feed models of different shelters, children meet under the model shelter made for this week. - Give each child a couple of ropes and teach them a reef knot and a clothes hitch. - Set today's challenge, I have three bells that I need hung in the tree and I need to be able to ring them from the ground. - Give each groups some string/rope cut into small pieces. - Give safety talk about if raising the bell ensure nobody is under it. - Let children go. - Come back to each groups bell at the end ring it and get them to explain how they did it. 	<p>Low Energy calm</p> <p>High Energy During Raising</p> <p>Low Energy During Evaluation</p>

Experience 3(Reflection): Stick Reflection

- This week I'd like you to think of a skill you have learnt this week and write it on the stick.
- Collect all sticks in, get pupils to choose one at a time and get them to explain how they think they have used that skill e.g. explain the skill someone else had selected.

Low Energy
During discussions

High energy
when finding their items.

Learning Theories/ Strategies Employed

- Learning styles – free choice on activities and how to represent their findings.
- Schemas – Looking at how the children are learning to inform next lesson plan.

Health and Safety Considerations

- Pupil have correct shoes and clothing
- Site Risk Assessment
- Raising Bell Risk

Kit List**For Leaders**

- 4 large bells (borrowed from the cub pack).
- Rope
- Little bits of rope
- Sticks with slither of bark removed.

For participants

- Wellington Boots
- Coats in case of rain