

# Forest School Session Planning



Key Details			
Date:	05/06/2017	Leaders:	R.Nutbeam + 1
Location:	St. Barnabas School	Participants:	15 – Year 6
Key Objectives:		Theme Development:	
<ul style="list-style-type: none"> <li>• Develop Shelter Building Skills</li> <li>• Develop Knot Building Skills</li> <li>• Respect Our Woodland</li> </ul>		<ul style="list-style-type: none"> <li>• Respect for the Environment</li> <li>• Love for the Outdoors</li> <li>• Developing our Forest School Area</li> <li>• Forest School Basic Skills</li> </ul>	

The Flexible Plan	Energy Flow
<p><b>Experience 1: Sardines</b></p> <ul style="list-style-type: none"> <li>- Safety talk reminding children about boundaries – introduce whistle for bringing the group back together.</li> <li>- A child goes and hides in the woodland whilst rest of group sits in fire circle counting to 50.</li> <li>- Rest of children run out and try to find the hiding child. Hide with that child when they find them.</li> <li>- Repeat.</li> </ul>	High Energy
<p><b>Experience 2: Shelter Building</b></p> <ul style="list-style-type: none"> <li>- Have another model shelter set up to meet under.</li> <li>- Meet and go through knots taught last week.</li> <li>- Discuss the safety of building and shelter and working with ropes.</li> <li>- Let children go off in groups and build a shelters again.</li> <li>- Visit each shelter as a group and let the group explain the shelter</li> </ul>	Low Energy calm  High Energy During Raising  Low Energy During Evaluation
<p><b>Experience 3(Reflection): Mud reflection</b></p> <ul style="list-style-type: none"> <li>- There is currently a muddy patch where building machinery has churned up the earth on the field.</li> <li>- In the mud using a stick get children to write something they feel they were better at this time around.</li> </ul>	Low Energy During discussions

### Learning Theories/ Strategies Employed

- Learning styles – free choice on activities and how to represent their findings.
- Schemas – Looking at how the children are learning to inform next lesson plan.

### Health and Safety Considerations

- Pupil have correct shoes and clothing
- Site Risk Assessment
- Hiding Shelter risk
- Shelter Risk

### Kit List

For Leaders	For participants
<ul style="list-style-type: none"><li>- Tarpaulins</li><li>- Ropes</li><li>- Whistle</li></ul>	<ul style="list-style-type: none"><li>- Wellington Boots</li><li>- Coats in case of rain</li></ul>