

# Forest School Session Planning



Key Details			
Date:	12/06/2017	Leaders:	R.Nutbeam + 1
Location:	St. Barnabas School	Participants:	15 – Year 6
Key Objectives:		Theme Development:	
<ul style="list-style-type: none"> <li>• Develop Shelter Building Skills</li> <li>• Develop Knot Building Skills</li> <li>• Develop Free Play</li> <li>• Close off the Session</li> <li>• Respect Our Woodland</li> </ul>		<ul style="list-style-type: none"> <li>• Shipwrecked</li> <li>• Respect for the Environment</li> <li>• Love for the Outdoors</li> <li>• Developing our Forest School Area</li> <li>• Forest School Basic Skills</li> </ul>	

The Flexible Plan	Energy Flow
<p><b>Experience 1: Shipwrecked</b></p> <ul style="list-style-type: none"> <li>- Children start on a line and a distance away from them a boat is marked out on the floor using a large piece of rope.</li> <li>- The leader shouts shipwrecked and they all run towards the ship and try to fit in.</li> <li>- You reset the actively but make the boat progressively smaller and smaller, those who can't fit it are out and watch for those not in the boat.</li> </ul>	High Energy
<p><b>Experience 2: Shelter Building</b></p> <ul style="list-style-type: none"> <li>- Before the session have all the resources spread over the woodland area randomly.</li> <li>- Explain today that the children have been ship wrecked and they need to try and set themselves up to survive.</li> <li>- Explain they can do whatever they want however it needs to be safe.</li> <li>- As the activity time draws to a close get children to share and discuss their creations and ideas.</li> </ul>	Low Energy calm  High Energy During Raising  Low Energy During Evaluation
<p><b>Experience 3(Reflection): Hot Chocolate + Biscuits</b></p> <ul style="list-style-type: none"> <li>- Sit round the fire pit and have some hot chocolate.</li> <li>- Have an open discussion about what they have enjoyed.</li> <li>- What they have learnt.</li> <li>- What was their favourite bit.</li> </ul>	Low Energy During discussions

### Learning Theories/ Strategies Employed

- Learning styles – free choice on activities and how to represent their findings.
- Schemas – Looking at how the children are learning to inform next lesson plan.

### Health and Safety Considerations

- Pupil have correct shoes and clothing
- Site Risk Assessment
- Shelter Risk
- hot drinks

### Kit List

For Leaders	For participants
<ul style="list-style-type: none"><li>- Tarpaulins</li><li>- Ropes</li><li>- Items from the Play Pod</li><li>- Buckets</li><li>- Blankets</li><li>- Whistle</li></ul>	<ul style="list-style-type: none"><li>- Wellington Boots</li><li>- Coats in case of rain</li></ul>