

# Learning in the Leaves

## Sheet Bend



**Knot Name:** Sheet Bend

**Uses:** nothing works better for tying different types of material together and joining different thicknesses of rope. This knot even joins together lines or materials that normally couldn't be joined together.

**How to Tie:**

With the sheet bend, you bend the thicker or more slippery rope into a "j" shape (like a fish hook).



You then pass the other rope through the fish hook from behind, wrap around the entire fishhook once and then tuck the line under itself.

