

Learning in the Leaves

The Respect Position



The Respect Position - A one knee kneel



During activities, when using tools and when lighting fires we often talk about the respect position. The respect position involves kneeling on one knee. This position gives you a stable base whilst opening up space for you to use tools safely. The respect position also enables you to move quickly out of the way if you should need too. When taking the respect position think carefully about where you are kneeling in relation to the job your are completing or the tool which you are using.