






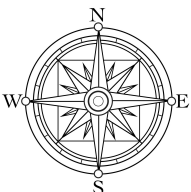
Learning in the Leaves

Sandseter – The Six Risks



Introduction:

Children should be encouraged to take appropriate risks when being involved in a forest School program. Taking risks and understanding them is an essential skill for children to develop. Sandseter suggested that there were six different types of risky play that children are and should be involved with:

Great Heights 	Examples: Climbing, jumping from still or flexible surfaces, balancing on high objects, swinging at great heights Possible Activities: climbing a tree, swinging from a rope or branch, jumping from logs and branches
High Speed 	Examples: swinging, running, cycling, skating, skiing Possible Activities: swinging from a rope, playing running games, races in open glades
Dangerous Tools 	Examples: Knives, saws, axes and ropes Possible Activities: woodland crafts, shelter building, tool talks
Dangerous Elements 	Examples: Playing around cliffs, deep or icy water, or fire pits. Possible Activities: fire lighting, cooking, pond dipping, visiting woods in the snow
Rough-and-Tumble 	Examples: wrestling, fencing with sticks, play fighting Possible Activities: teaching proper fencing with sticks, scenarios and games that require a little rough and tumble.
Getting Lost 	Examples: Exploring alone, playing alone in unfamiliar environments. Possible Activities: visiting new areas of wood and allowing exploration with set parameters, games which involving hiding and seeking (give safety call instruction and boundaries first.